



The Sojourner

1565 SOUTH KEIM STREET | POTTSTOWN, PA | 610-327-2662 | UUPOTTSTOWN.ORG

Our Sunday Services are held at 10:30 a.m. Children and youth are welcome to attend services or participate in their own age-appropriate Religious Education (RE) class. All are welcome to join us for coffee and conversation after the service.

Sunday, March 3

Being Human, Together

Reverend Kim Wilson

A covenant can help build a foundation of trust within a congregation. By creating shared expectations around the ways of being together we want to cultivate, we come closer to creating the beloved community. Of course, we are only human, and covenants are broken and rewoven, like a spider's web gets torn and repaired. We have a covenant which was created some time ago and after the service today, we will join together in a short workshop to review and perhaps update it.

Sunday, March 10

Eclipsed: In the Shadow of the Moon

JD Stillwater

Since the dawn of humanity, eclipses have evoked strong feelings and symbolism, and an enduring mysticism expressed in legends, theologies, and worldviews. Eclipses remind us that we are minuscule observers of grand and timeless processes far beyond our control. Rich with metaphor and meaning, a total eclipse immerses us in awe. In this multimedia service, JD Stillwater shares the deepest and strongest spiritual experience of his life, and reminds us of the rare opportunity offered on April 8, 2024.

Sunday, March 17

Life Lessons from My Little Pony: Generosity

Emily Quarles-Mowrer

This is a continuation of a sermon series inspired by our UU Principles, as viewed through the lens of the cartoon series *My Little Pony: Friendship is Magic*. The six main ponies from the popular kids show each embody different qualities and display different talents. With the character Rarity as our guide, we will take a look at our first principle, "The inherent worth and dignity of every person," through the spirit of generosity.

Sunday, March 24

So you say you want an evolution...

Linda Kozitzky

Unlike most mainstream religions that have credos that have stood for thousands of years, Unitarian Universalism, specifically the UUA, continues to conduct self evaluation that helps us stay in alignment with our aspiration to be a living tradition. Come learn how our Principles and Purposes have evolved over time and what the UUA is proposing for the next evolutionary step. We will also discuss what it means for the UUFP and our community.

Sunday, March 31

Easter Sunday Service

Monica Buckley

"For now, the winter is past, the rain is over and gone. The flowers appear on the earth, the time of singing has come... The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance." (Song of Solomon 2:11) Please join us as we celebrate Spring and all that it has to offer through music and the arts this Easter Sunday!



President's Message

“Life’s most persistent and urgent question is,
“What are you doing for others?””

—Dr. Martin Luther King, Jr.

The UUFP is looking for a few good people.

First, we are looking for people to serve on the Board of Directors. The Board serves a critical role in providing governance to ensure the ongoing success of our fellowship. As outlined in our by-laws, all board members are elected by the members of our fellowship. What you may not know is that our by-laws outline term limits for each position. While there are many advantages to having term limits, one of the biggest benefits are the new ideas and fresh perspectives that new board members bring. Diversity of ideas is critical to being successful in an ever-changing environment. Periodically adding new members to our Board of Directors not only keeps us in covenant with our by-laws but also infuses the Board with new energy and ideas. So, if anyone is interested in serving on the board, please reach out to any member of the board.

Second, many of our committees are looking to add more people. Our committees and their functions are varied, so regardless of your skills and talents, there is a committee that could benefit from your participation. Please speak to any Committee Chairperson to find out more.

Third, we are looking for two individuals to represent the UUFP at the General Assembly meeting to be held this June. General Assembly (GA) is the annual meeting of our Unitarian Universalist Association (UUA). Participants worship, witness, learn, connect, and make policy for the Association through democratic process. This will be a virtual meeting, so no travel is required. If you are interested in learning more about GA or want to participate, please speak with a board member.

I'll close with thanking people who have given of their time this past month: Miranda Van Horn, Kay Price, and the Membership Committee for holding the UU102 class and Clifford Schulman who held another Cooking with Cliff event. Who knew fundraising could be so tasty.

I know that there are many others who have given of their time to support the UUFP over the past month. While I might not know who you are and what you have done, please know that all your efforts are appreciated.

With gratitude,

Linda



Introducing the CYRE Committee

Welcome, families! UUPF is proud to say that we've grown enough this past year to warrant a new committee! The **Children and Youth Religious Education Committee (CYRE)** will be a voice for our burgeoning youth programs and a liaison between parents, teachers, and congregational leadership.

I am honored to serve as the current chair of the CYRE committee. I have three children ages 6-11 who attend programs here, and I have several years experience in education myself. I'm very excited to work with our devoted RE team to provide meaningful, engaging exploration of UU values to our youth.

Please feel free to find me or one of our teachers during coffee hour on Sundays if you have any questions about RE at UUPF, or if you'd like to join the committee!

~Valery Murdock, CYRE Committee Chair



From left to right: Meghan Mickle, elementary RE teacher; Valery Murdock, CYRE Committee chair; Ruby Barnhouse, middle grades RE teacher; and Amanda Dill, nursery teacher.



Stay up stay up to date on fellowship news. Go to facebook.com/UUPottstown



Missed Sunday services? Visit our YouTube channel anytime! [@unitarianuniversalistfello5634](https://www.youtube.com/channel/UCunitarianuniversalistfello5634)

Our **Simply Sitting** meditation practice takes place virtually on Mondays at 8 pm. To join us for our weekly Zoom sessions of Buddhist readings and silent sitting, email office@uupottstown.org

An "Introduction to Mindfulness Meditation" is offered on the first Monday of each month.

Newcomers are always welcome.
Now is a great time to be present!

What will UU do this summer?



UUA GENERAL ASSEMBLY
VIRTUAL GA • JUNE 20 - 23, 2024



Are you looking for a UU Community that you can join for a short time this summer? An immersive weekend or week-long experience? These gatherings are an opportunity to meet other UUs, learn, grow, and have fun in an inclusive UU community. There are many such opportunities. Here are just a few...

GENERAL ASSEMBLY

In a world filled with division and challenges, the theme for this year's General Assembly is a powerful reminder of the core principles that unite us as Unitarian Universalists. "Love Unites, Stories Ignite" celebrates the profound impact of love as a binding force that transcends boundaries and fosters connections within our faith community and beyond.

The 63rd General Assembly is **virtual** and will take place **June 20–23, 2024**. Go to uua.org/ga for more information.

CERSI

Central East Region Summer Institute (CERSI) is an all-ages community of about 300 people gathering for a week of fellowship, fun, worship, thoughtful presentations, workshops and even more fun! This year the gathering will be **July 7–13, 2024** at Pennsylvania Western University in **California, PA**. The 2024 theme speaker is Rev. Theresa Soto, a UU minister and activist, presenting "Unlikely Superheroes: Skills for Practicing Faith and Ethics in Tough Times."

Go to cersiuu.org for more information. Registration opens March 1, 2024. Scholarships are available.

UNIRONDACK

Camp Unirondack is a social-justice and intentional community-centered summer camp located in the Adirondack Mountains near **Lowville, NY**. From **August 19–24, 2024**, they are offering an inter-generational Family Camp. Whether canoeing, hiking, lounging in our lodge, communing at our campfire circle, or enjoying delicious meals together, this week offers a chance to spend time with family and to make new friends.

For more information, visit unirondack.org. Register early. This week fills up fast!

MORE

UU camps such as Star Island (NH), Ferry Beach (ME), Rowe Center (MA), and The Mountain (NC) offer a full summer schedule of opportunities for specific age groups and mixed groups. There is something out there for everyone!

Meditation Moment

Everything that irritates us about others can lead us to an understanding of ourselves.

—Carl Jung

The Sojourner is a monthly publication of the Unitarian Universalist Fellowship of Pottstown, a welcoming community where members affirm the worth of all human beings, advocate freedom of belief, and nurture spiritual journeys.

Please send Sojourner submissions or suggestions to newsletter@uupottstown.org by the 15th of each month.

Has your contact information changed?
Email updates to memberservices@uupottstown.org

For other inquiries about UUFP, please contact Joy Klinger in the church office at 610-327-2662 or office@uupottstown.org

goddess gatherings

All women in mind, body, and spirit are welcome to attend our Goddess Gathering meet up where we share, laugh, and learn together in the sisterhood of the female experience.

We will be meeting on the second Sunday of the month after service in the sanctuary and we've decided to read this book: **Cakes for the Queen of Heaven** by Shirley Ann Ranck.

We will discover the rich history of the Goddess and feminine spirituality, and explore our understanding of the mythical stories and their impact on today. See Monica Buckley for more information.



As the saying goes, many hands make light work. Here are some of the folks working hard to keep our Fellowship going. Reach out if have questions, or if you'd like to lend a hand!

Board of Directors

President: Linda Kozitzky, president@uupottstown.org
Vice President: vacant, vicepresident@uupottstown.org
Secretary: Mary Ryan, boardsecretary@uupottstown.org
Treasurer: Kris Barnhouse, treasurer@uupottstown.org
Board Member: Miranda Van Horn, board@uupottstown.org
Board Member: Monica Buckley, board@uupottstown.org

Committee Council

Chair: Mary Ryan, committeecouncil@uupottstown.org
Choir: vacant, choir@uupottstown.org
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Finance: Kris Barnhouse, treasurer@uupottstown.org
Garden: Kay Price, facilities@uupottstown.org
Membership: Miranda VanHorn, memberservices@uupottstown.org
Religious Education: Valery Murdoch, re@uupottstown.org
Social Justice: vacant, UUAction@uupottstown.org
Technology: Rick Duske, webmaster@uupottstown.org
Worship: Mary Ryan, programs@uupottstown.org

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 9:30am Choir Rehearsal 10:30am Sunday Service	26 7:30pm Simply Sitting Meditation	27	28	29	1	2
3 9:30am Choir Rehearsal 10:30am Sunday Service	4  7:30pm Intro. to Mindfulness Meditation	5	6	7	8 	9
10 9:30am Choir Rehearsal 10:30am Sunday Service 11:45am Goddess Gathering	11  7:30pm Simply Sitting Meditation	12 7:30pm Membership Committee Meeting	13	14  7:30pm Committee Council Meeting	15	16 9am Board Retreat
17 9:30am Choir Rehearsal 10:30am Sunday Service & Potluck 	18  7:30pm Simply Sitting Meditation	19 	20	21 	22	23 
24 9:30am Choir Rehearsal 10:30am Sunday Service 	25  7:30pm Simply Sitting Meditation	26	27	28	29 	30
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